



SOCK

INNOVATION

KNITTING TECHNIQUES & PATTERNS *for* ONE-OF-A-KIND SOCKS
» cookie a »



devon



sunshine



kristi



angee



vilai



glynis



sam



milo



cauchy

contents

introduction

Stitch Techniques

- Basics: Inverting Stitches and Patterns
- Manipulating Charts
- How Stitches Affect the Knitted Fabric
- Adjusting Stitch Patterns to Fit Your Needs

Sock Techniques

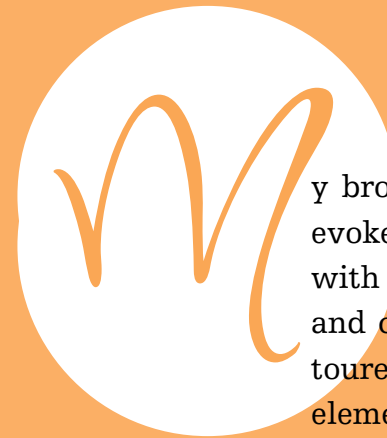
- The Art of Placement
- Cuffs, Heels, and Toes
- Basic Sock Pattern

Sock Design

- At the Drawing Board
- The Gauge Swatch (and What to Look For)
- Planning Ahead
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Patterns

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- Wanida
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- Cauchy
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- Lindsay
- Kristi
- Constance



My brother has always had a serious need for speed. These socks evoke aerodynamic racing stripes, combining strong diagonal lines with twisted rib. On top of the foot, the pattern intersects itself and changes direction. Right and left sock are mirrored for contoured shaping, but take care at the top of the foot. Notice how the elements line up and how the stitch count is kept even by decreasing within the vertical purl welt.



Finished Measurements

Leg circumference—8" (20.5 cm), slightly stretched.
Foot circumference—8" (20.5 cm), slightly stretched.

Yarn

Fingering weight (Super Fine #1).
Shown here: Blue Moon Fiber Arts Socks That Rock Lightweight (100% superwash Merino; 360 yd [329 m]/4.5 oz); Brick, 1 skein.

Needles

U.S. size 1½ (2.5 mm): circular (cir) or double-pointed (dpn). Adjust needle size if necessary to obtain the correct gauge.

Notions

Markers (m; optional if using dpns); stitch holder; tapestry needle.

Gauge

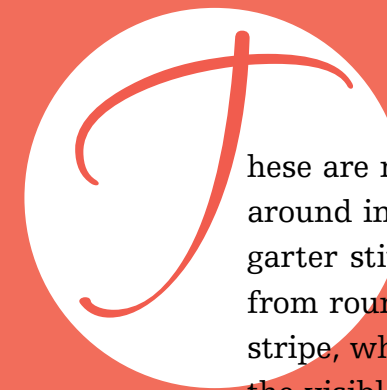
32 stitches = 4" (10 cm) in stockinette stitch in the round.
30 stitches = 4" (10 cm) inches in pattern in the round, slightly stretched.

Notes

- Left and right socks are mirror images of each other. Each sock uses different charts (as marked). Directions are the same for both socks except where specified.
- Since each stitch pattern repeat is narrow, increasing or decreasing the size of the sock by adding or removing repeats is easy.



lindsay



These are named for my friend Lindsay, who would love to lounge around in comfy socks all day. The main stitch pattern combines garter stitch and a stockinette wedge, so the stitch count varies from round to round. On the outer side of each sock is a vertical stripe, which creates an interesting visual element and eliminates the visible jog created by garter stitch in the round. To match the garter stitch elements of the main stitch pattern, I used a garter stitch cuff, short-row heel, and short-row toe.

Finished Measurements

Leg circumference—9" (23 cm), slightly stretched.
Foot circumference—9" (23 cm), slightly stretched.

Yarn

Fingering weight (Super Fine #1).
Shown here: Hand Jive Knits Nature's Palette (100% Merino wool; 185 yd [170 m]/50 g): Walnut, 2 skeins.

Needles

U.S. size 1½ (2.5 mm): circular (cir) or double-pointed (dpn). Adjust needle size if necessary to obtain the correct gauge.

Notions

Markers (m; optional if using dpns); stitch holder; tapestry needle.

Gauge

32 stitches = 4" (10 cm) in stockinette stitch in the round.

Note

•• Left and right socks are mirror images of each other. Each sock uses different charts (as marked). Directions are the same for both socks except where specified.

learn to
rock
your

Socks

Take your sock knitting off the charts! Cookie A., pioneer of the unconventional sock—think traveling stitches, mirrored pairs, twists on the heel, cables and lace—shares her secrets for making rule-breaking socks in *Sock Innovation*. This book aims to increase the skills of the average sock knitter by exploring design and advanced stitch manipulation; it goes beyond the basic sock and explores complex stitchery, treating the sock as a knitted canvas where elements are strategically and intentionally placed.



inside READERS WILL LEARN:

- The details of Cookie's design process, from choosing a stitch pattern to adapting it to be worked in the round, turned upside-down and inside-out, widened or narrowed.
- Complex ideas that are explained clearly and thoroughly, accompanied by photographs and illustrations, so new socks can be invented with original ideas.
- Instructions for 15 new sock designs, with floral lace patterns, angular geometric shapes, and unusual cables.

Paperbound, 8½ x 9", 128 pages
80 photographs, 10 illustrations
ISBN 978-1-59668-109-5
\$22.95
April 2009

Cookie A. has designed socks for *Knitty* and the Blue Moon Fiber Arts Rockin' Sock Club as well as for her own pattern line, which debuted in Spring/Summer 2007 and was an immediate hit. She has appeared on *Knitty Gritty* and has taught workshops around the country and at Blue Moon Fiber Arts Camp Cockamamie, the Spindlicity Cruise to Alaska, and Sea Socks 2008. She sells her patterns at TNNA and Stitches, and they are distributed internationally. She lives in Mountain View, California.